

**APA Conference, May 18 - 22, 2013
San Francisco, CA**

| | Sat, May 18 | | Sun, May 19 | |
|---------------|---|--|---|--|
| 8a | | <p><u>Mindfulness: Practical Approaches for Psychiatrists and Their Patients</u> Seminar #3 8am – 12pm</p> <p>Building: Moscone North Room: 111 (Exhibit Level)</p> <p>Director: Susan Abbey, M.D.</p> | <p><u>Lifestyle Behaviors, Integrative Therapies, and Mental Health Across the Lifespan</u> Symposium #33 8am – 11am</p> <p>Building: Moscone West Room: 3008 (Level 3)</p> <ul style="list-style-type: none"> <i>The Influence of Healthy Behavior on Memory Throughout Life</i> Gary W. Small, M.D <i>S-Adenosyl Methionine (SAME) Versus Escitalopram and Placebo in Major Depression: Effects of Histamine and Carnitine as Moderators of Response</i> David Mischoulon, M.D., Ph.D. <i>Functional Brain Basis of Hypnotizability and Hypnosis</i> David Spiegel, M.D. <i>The Neurobiology of Treatment Response to Mind-Body Interventions in Chronic Stress and Mood Disorders in Older Adults</i> Helen Lavretsky, M.D. | <p><u>Yoga of the East & West</u> Course #12 9am – 4pm</p> <p>Building: Moscone Convention Ctr Room: 274/276 (2nd floor)</p> <p>Presenters: Patricia Gerberg, MD & Richard Brown, MD</p> |
| 9a | | | | |
| 9:30a | | | | |
| 11a | | | | |
| 12p | | | | |
| 12:30p | | | | |
| 1p | | | <p>Caucus on Religion, Spirituality, and Psychiatry Annual Meeting 1pm – 2pm</p> <p>Building: San Francisco Marriott Marquis Room: Yerba Buena Ballroom 3 (Lower Level B2)</p> | |
| 1:30p | | | | |
| 2p | <p><u>Nonpharmacological Treatment Interventions for Perinatal Depression</u> Symposium #18 2pm – 5pm</p> <p>Building: Moscone West Room: 3005 (Level 3)</p> <ul style="list-style-type: none"> <i>Treatment Decisions for Perinatal Depression: The Need for Nonpharmacological Alternatives</i> - Mytilee Vemuri, M.D. <i>Psychotherapy for Perinatal Mood Disorders</i> - Katherine E. Williams, M.D. <i>Sleep and Wake Therapies in Pregnancy and Postpartum Depression</i> - Barbara Parry, M.D. <i>Acupuncture for Perinatal Depression</i> - Rachel Manber, Ph.D. <i>Nutraceuticals in the Treatment of Perinatal Depression</i> - Kristina M. Deligiannidis, M.D. | <p><u>Complementary and Alternative Therapy in U.S. Military Settings</u> Workshop #13 1:30pm – 3pm</p> <p>Building: Moscone South Room: 222 (East Mezzanine)</p> <p>Chairs: Elspeth C. Ritchie, M.D., M.P.H., Gary H. Wynn, M.D.</p> | <p><u>Prescription Brain Food: From Bench to Table</u> Workshop #54 2:30pm – 4pm</p> <p>Building: Moscone North Room: 112 (Exhibit Level)</p> <p>Chairs: Drew Ramsey, M.D., Philip R. Muskin, M.D., M.A.</p> | |
| 2:30p | | | | |
| 3p | | | | |
| 4p | | | | |
| 5p | | | | |

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| Mon, May 20 | | Tues, May 21 | |
|---------------|---|--|---|
| 8a | | | |
| 9a | | | |
| 9:30a | | | |
| 11a | <p><u>Application of Yogic Techniques in Mental Health and Illness</u> Workshop #68 11am – 12:30pm</p> <p>Building: Moscone North Room: 113 (Exhibit level)</p> <p>Chairs: Barry Sarvet, M.D., Basant K.Pradhan, M.D.</p> | <p>**ANNUAL MEETING** Caucus on Integrative Medicine 9:30am – 12:00pm</p> <p>Building: San Francisco Marriott Marquis Room: Sierra Suite J (5th Floor)</p> <p>Chair: Lila Massoumi, MD Co-Chair: Nicole Shadid, MD</p> | <p><u>Mindfulness-Based Stress-Reduction Meditation to Promote Resiliency and Treat Mood and Anxiety Disorders</u> Symposium #82 9am – 12pm</p> <p>Building: Moscone South Room: 301 (Esplanade Level)</p> <ul style="list-style-type: none"> <i>Mindfulness-Based Stress Reduction in the Treatment of Mood and Anxiety Disorders</i> Lori Davis, M.D. <i>Possible Neural Mechanisms of Meditation</i> Judson Brewer, M.D., Ph.D. <i>Resiliency and Mindfulness</i> Steven Southwick, M.D. |
| 12p | | | |
| 12:30p | | | |
| 1p | <p><u>Narrative Hypnosis With Special Reference to Pain</u> Seminar #11 1pm – 5pm</p> <p>Building: Moscone South Room: 270/272 (West Mezzanine)</p> <p>Directors: Lewis Mehl-Madrona, M.D., Ph.D., Barbara Mainguy, M.A., M.F.A.</p> | | |
| 1:30p | | | |
| 2p | | | |
| 2:30p | | | |
| 3p | | | |
| 4p | | <p><u>Implications of Spiritual Experiences to the Understanding of Mind-Brain Relationship</u> Sponsored by the APA Caucus of Religion, Spirituality, and Psychiatry Symposium #110 2pm – 5pm</p> <p>Building: Moscone North Room: 123 (Exhibit Level)</p> <ul style="list-style-type: none"> <i>Metaphors and Analogies as (Pseudo) Explanations of Mental Phenomena: A Critique of Contemporary Materialism in Cognitive Neuroscience</i> Saulo Araujo, Ph.D. <i>Distinguishing Magical Thinking and Mature Spirituality in Mind-Brain Research</i> C. Robert Cloninger, M.D., Ph.D. <i>The Neurobiological Correlates of Spiritual Experiences</i> Andrew Newberg, M.D. <i>Do Near-Death Experiences (NDE) and Approaching-Death Experiences Extend Our Understanding of Human Consciousness?</i> Peter Fenwick, M.D. <i>Research on Possession/ Trance/ Mediumship and the Mind-Brain Relationship</i> Alexander Moreira-Almeida, M.D., Ph.D. | <p><u>Psychoneuroimmunology: Clinical Application of an Emerging Field in Medicine</u> Symposium #90 9am – 12pm</p> <p>Building: Moscone North Room: 123 (Exhibit Level)</p> <ul style="list-style-type: none"> <i>History and Overview of the NeuroEndoImmune Supersystem</i> Dana Shaw, M.D. <i>To Test or Not to Test: The Use of Neuro, Endocrine, and Immune Bio-markers and Laboratory-Based Testing in Clinical Psychiatric Practice</i> David Scheiderer, M.D., M.B.A. <i>Case Study Presentation: Bio-markers and Integrative Interventions for Enhancing Nervous, Endocrine, and Immune Health Outcomes</i> Elizabeth Stuller, M.D. |
| | | <p><u>Integrative Medicine in Psychiatry</u> SPONSORED BY THE CAUCUS ON INTEGRATIVE MEDICINE Symposium #122 2pm – 5pm</p> <p>Building: Moscone West Room: 3024 (3rd floor)</p> <p>Chair: Lila Massoumi, MD Discussant: Philip Muskin, MA, MD</p> <ul style="list-style-type: none"> <i>N-Acetyl Cysteine, Omega-3, and Kava: Latest Evidence and Clinical Applications for Affective Disorders</i> Jerome Sarris, MHSc., Ph.D. <i>Inositol, Melatonin, and SAM-e: Update and Applications in Psychiatry</i> David Mischoulon, M.D., Ph.D. <i>Herbs and Medication Interactions</i> Patricia L. Gerbarg, M.D. <i>Herbs and Nutrients to Counteract Medication Side Effects</i> Richard Brown, M.D. | |

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Wed, May 22

No sessions relevant to Integrative Medicine

APA SCIENTIFIC SESSION TYPES – CHEAT SHEET

- All APA Scientific Sessions provide CME credit.
- With the exception of a “Course”, all APA Scientific Sessions are free, and do not require advanced registration.

COURSE – **Need to register for these in advance, and at an additional cost.** Most stringent criteria for acceptance by the APA. Duration- 4 hrs (for a “Half-Day Course”) or 6-8 hrs (for a “Full-Day Course”)

SEMINAR – Second-most-stringent criteria for acceptance by the APA. Do not need to register for these in advance. Duration- 4 hrs.

SYMPOSIUM – Not as stringent criteria for acceptance by the APA, relative to an APA Course or Seminar. Duration – 2-3 hrs.

WORKSHOP – The least stringent (but still stringent!) criteria for acceptance by the APA. Duration- 90 min.