

APA track on CAIM May 2016

SAT MAY 14

- [Need to pre-register for this] Course: 1-5pm **Melatonin & Light Tx of SAD, Sleep, and Other Body Clock Disorders**. Director: Alfred J. Lewy, MD
- Workshop 1:30-3 **Mindfulness & Qigong for Stress Reduction**. Chair: Colleen Loehr, MD

SUN MAY 15

- Workshop: 10-11:30a **Evidenced-based Mindfulness Meditation Interventions for Mental Health Conditions**. Chair: Marina Khusid, MD
- **Annual Meeting of the Caucus on Complementary, Alternative, & Integrative Medicine: 1-3PM, Omni Hotel, Cottonwood Room in the North Tower.**

MON MAY 16

- [Need to pre-register for this] Course: 9a-4p **Mind-Body Programs: Stress, Anxiety, Depression, PTSD, Military Trauma, and Mass Disasters: Lecture and Experiential** (Replaces Yoga of the East and West). Director: Patricia L Gerbarg, MD
- Workshop: 11-12:30 **LORETA Neurofeedback and Quantitative EEG: An Approach Consistent with NIMH Research domain Criteria**. Chair: Deborah R. Simkin, MD

TUES MAY 17

- Symposium: 9a-12p **Food & the Brain**. Speakers: Drew Ramsey, MD; Lara LaChance, MD, B.Sc.; Emily Deans, MD
- Symposium: 9a-12p **Mentally Ill and Traumatized Populations in South Sudan: A Novel Mind-Body Treatment for Healing a War-Torn Country**. Speakers: Atong Ayuel, MD; Patricia Gerbarg, MD; Richard Brown, MD

WED MAY 18

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